

PATIENT UPDATE FOR BOTULINUM TOXIN

Patient Name: _____ Date: _____

Date of last injection: _____ / _____ / _____

1. How much **benefit** did you receive?
 None Fair Good Very good Excellent
2. Draw an "X" on the line below to indicate the extent of improvement **since starting on Botulinum Toxin.**

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
3. Was there a decrease in **frequency and/or severity** of headaches? Yes No N/A
4. Was there a **decrease in headaches** by at least 7 days or 100 hours? Yes No N/A
5. Is there a decrease in overall headaches **since starting Botulinum Toxin**? Yes No N/A
6. Since using Botulinum Toxin, has there been a decrease in...
(a) Use of acute medicines (pain meds, triptans, anti-inflammatories, etc.)? Yes No N/A
(b) Trips to the ER? Yes No N/A
7. How long did the benefit last? Less than 1 month 1 month 6 weeks 2 months 2 ½ months 3 months
8. Draw an "X" on the line below to indicate your overall **pain decrease** since starting on Botulinum Toxin injections.

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
9. If not for migraines, did Botulinum Toxin help with **muscle spasms**? Yes No N/A
10. If applicable, how much did your **motion/flexibility increase**? _____%
11. How much abnormal muscle **weakness** did you experience?
 None Minimal Mild Moderate Severe
12. If applicable, how long did the weakness last? _____
13. Any other **side effects**? No Yes _____
14. Are there any **changes** that need to be made from the last injection? No Yes _____
15. Are you taking CGRP monoclonal antibody injections with Botulinuminj? (Aimovig/Ajovy/Emgality) Yes No
If yes, is Botulinum toxin for treatment of migraine or another condition? Migraine Another condition such as cervical dystonia or spasticity
16. If taking CGRP and/or Botulinum toxin for migraine, are your migraines better managed? Yes No
How have your migraines improved:
 Decreased HA by at least 2 days/month Decreased severity of HA
 Decreased duration of HA (rescue medications work better)
17. Have you had improvement in daily overall function since starting Botox injections?
(Housework/School/Work/Social activities) Yes No Maybe